

BW Products - 1-888-353-0968 or 916-684-2790 - Dumbbell Worksheet - Per Dumbbell

Name: _____ Phone: _____ Date: 2/9/2013

Size	Qty.	Handle Size	How Many Handles	2 1/2 lb. Plate	5 lb. Plate	7 1/2 lb. Plate	10 lb. Plate	Total Pair
5		SDH-1		2 X				
10		SDH-1			2 X			
15		SDH-1				2 X		
20		SDH-1					2 X	
25		SDH-2		2 X			2 X	
30		SDH-2			2 X		2 X	
35		SDH-2				2 X	2 X	
40		SDH-2					4 X	
45		SDH-3		2 X			4 X	
50		SDH-3			2 X		4 X	
55		SDH-3				2 X	4 X	
60		SDH-3					6 X	
65		SDH-4		2 X			6 X	
70		SDH-4			2 X		6 X	
75		SDH-4				2 X	6 X	
80		SDH-4					8 X	
85		SDH-5		2 X			8 X	
90		SDH-5			2 X		8 X	
95		SDH-5				2 X	8 X	
100		SDH-5					10 X	
105		SDH-6		2 X			10 X	
110		SDH-6			2 X		10 X	
115		SDH-6				2 X	10 X	
120		SDH-6					12 X	
125		SDH-7		2 X			12 X	
130		SDH-7			2 X		12 X	
135		SDH-7				2 X	12 X	
140		SDH-7					14 X	
145		SDH-8		2 X			14 X	
150		SDH-8			2 X		14 X	
155		SDH-8				2 X	14 X	
160		SDH-8					16 X	
165		SDH-9		2 X			16 X	
170		SDH-9			2 X		16 X	
175		SDH-9				2 X	16 X	
180		SDH-9					18 X	
185		SDH-10		2 X			18 X	
190		SDH-10			2 X		18 X	
195		SDH-10				2 X	18 X	
200		SDH-10					20 X	

How Many SDH	Cost Per	Total	Total:	2 1/2 lb.	5 lb.	7 1/2 lb.	10 lb.
SDH-1			Plates	Price Ea.	Total		
SDH-2			2 1/2 lb.			Style of Plates:	
SDH-3			5 lb.			Style of Handles:	
SDH-4			7 1/2 lb.			Notes:	
SDH-5			10 lb.				
SDH-6			Plates Total				
SDH-7			Handles Total				
SDH-8							
SDH-9							
SDH-10			GRAND TOTAL:				